


4-Seen-Wanderung

HIKING TOUR

Beautiful, flat valley hike with a great panorama right through the nature reserve. Suitable for families (suitable for prams).
Don't forget your bathing suit...


Starting point
lake house

↔ *distance:*
11.6 kilometres

 *maximum altitude:*
781 meters

 *altitude difference:*
165 ascending

Location
Ruhpolding

 *duration:*
03:20 hours

 *minimum altitude:*
744 meters

 *altitude difference:*
165 descending

Tip : This hike can also be reached without a car. Which bus, which stop, where to go? More information is given after the directions. All public transport tips were subjected to a practical test.

From the starting point at the Seehaus hiking car park, take the underpass to the crystal-clear Förchensee. Follow the wide path no. 45 to the junction between the north and south bank paths. We recommend the Norduferweg, which leads through the underpass to an elevated route (former railway embankment). Now walk along the Lödensee and Mittersee (swimming) to the Weitsee car park. On the other side of the B305 you cross a small bridge and reach the bathing area at the Weitsee. At Seefischerkaser (non-managed forest service hut) you will find another wide forest path, which you follow to the Ruhpolding/Reit im Winkl junction, where you turn left towards Ruhpolding. The varied forest path, which is interrupted by idyllic forest clearings, leads you back to your starting point at Seehaus. Special features: The Förchensee is one of the highest-flowing spring lakes in Germany, its water temperature is around 12C both in summer and in winter, this is where the Traun rises. Because of its beautiful landscape, the 3-lake region of Lödensee, Mittersee and Weitsee is popularly known as "Little Canada" for good reason. Refreshments: Gasthof Seehaus, in winter cross-country ski hut at Mittersee Tip: The 3-lake area is very popular as a bathing area in summer, in winter many cross-country skiers cavort here on the well-kept trails. There are bus stops in the Seehaus and at the car parks in Lödensee, Mittersee and Weitsee. With the eXtra card, the bus will take you back to Ruhpolding for free.

Without a car to the lake house

How to get there : RB 53 from Traunstein main station to Ruhpolding, change in Ruhpolding to line 9506 from Inzell to Reit im Winkl

Exit : Seehaus Ruhpolding stop

Way to the starting point : The hiking car park is 20 m to the right of the Seehaus.

Duration of arrival : approx. 65 minutes (without waiting times)

To the timetables

