

Kneipp-Rundweg

HIKING TOUR

Cool off in the Kneipp pools on hot summer days. 01:15 am. Schleching.

Starting point

Tourist Information, Schleching

↔ *distance:*
3.6 kilometres

 *maximum altitude:*
641 meters

 *altitude difference:*
76 ascending

Location

Schleching

 *duration:*
01:15 hours

 *minimum altitude:*
565 meters

 *altitude difference:*
66 descending

The hike, marked by the "Kneippinger", begins and ends at the **guest house** in Schleching . Here is the first stop: an **arm bathing fountain** .

The path continues past a **Kneipp treading pool** , where there are also **exercise machines** . So if you haven't had enough of the hike, you can let off steam here.

It goes past the **Alpbach E-Werk** until you reach a **stream bed** . If you want, you can of course also **refresh yourself in the stream** .

The path then leads right back past the next foot -**diving pool**, where there is also a **beautiful natural playground** that invites you to romp around **Gscheuerwand** has.

The path then splits. Turn right and after a short time you will be **back at the starting point** .

Especially in summer, the Kneipp circular path in Schleching provides enough cooling for the whole family.

