

MTB 94 Frillensee Runde

TOUR

An easy mountain bike tour to the most beautiful corners around Inzell - through moorland and past mountain lakes.


Starting point
Tourist Info Inzell

↔ *distance:*
24.3 kilometres

 *maximum altitude:*
950 meters

 *altitude difference:*
370 ascending

Location
inzell

 *duration:*
02:30 hours

 *minimum altitude:*
685 meters

 *altitude difference:*
370 descending

Route: Inzell - Schmelz - Zwing - Adlgaß - Frillensee - Adlgaß - Einsiedl - Teisenberg - Inzell

This varied mountain bike tour is the most beautiful way to discover Inzell. From a technical point of view, it is child's play, but with a good 20 kilometers it requires a certain level of fitness and stamina. It's a good thing that there are nice "pit stops" waiting at regular intervals. The loop around **Inzell** and to the Frillensee is the perfect tour for beginners, and is also doable for sporty children and seniors. And with the e-bike, this tour becomes a quick lap after work or on the day of arrival. The best starting point is the Badepark in Inzell. Alternative starting points are **Schmelz, Zwing, Adlgaß or Einsiedl**. Let's start comfortably across the center of Inzell and on side roads to the district of Schmelz. Here, a nice adventure playground lures you in for a first breather. On a wide, flat and car-free gravel road you drive around the Kienbergl and past the Moaralm through the idyllic Wildenmoos. Soon it's downhill again, at the end over a short, steep descent to the district of Zwing. Under the main road and right back into the peace! Past the **Falkensee**, combined with a short detour to the Krottensee, you circle halfway around the Falkenstein and crack the hardest nut of this easy tour - the long ascent to the Frillensee. Once at the top, it's all around and in a brisk, shady ride down to the **Adlgaß inn**. Contemplation and self-reward, of course. Via Einsiedl and Sterr you roll back to Inzell on quiet side roads.

Highlights: The idyllic Wildenmoos at Kienbergl, Falkensee and Frillensee, the mountain forest adventure trail at Frillensee

Variants: Underutilized? Then simply combine this tour with the Inzell village tour (Tour 92)!

Bike & Hike: From the Frillensee on foot to the Steineralm

Information: Inzeller Touristik, Rathausplatz 5, Tel. 0 86 65/9 88 50, www.inzell.de

Arrival by car

Via the B306 from Siegsdorf or Bad Reichenhall, turn off in the direction of Badepark.

