


Salzhandelsweg

CYCLING TOUR

Follow in the footsteps of the salt merchants on your bike, who founded the region's first wealth. The Salt Trade Route follows the old salt trade route and can be driven from north to south or vice versa.


Starting point tourist info

 **distance:**
96.6 kilometres

 **maximum altitude:**
517 meters

 **altitude difference:**
614 ascending

Location Bad Reichenhall

 **duration:**
06:00 hours

 **minimum altitude:**
347 meters

 **altitude difference:**
502 descending

Stammham - Tittmoning - Laufen - Bad Reichenhall - Hallein or vice versa

The salt trade route opens up villages, fields and forests in the **charming foothills of the Alps** and touches on **historic Salzach towns such as Tittmoning**, which are just waiting to be discovered by you. Roads with little traffic are usually used in slightly hilly terrain with only **slight inclines** on **paved bike paths**, roads or **paved dirt roads**.

Through the Rupertiwinkel to Tittmoning

From the village of Stammham, in the Inn-Salzach holiday region, you set course for **Burghausen** with the **world's longest castle complex** and then cross the eastern part of the Chiemsee-Chiemgau cycle tour region: the **charming foothills of the Alps of the Rupertiwinkel** with its pretty villages and beautiful meadows and forests.

The Salzach town of **Tittmoning** welcomes you with the **historic market square** and the **mighty castle**. Parallel to the Salzach you drive directly to the village of **Fridolfing**. The parish church of the Assumption of the Virgin Mary in Fridolfing can be seen from afar and is considered the **largest village church in Germany** and is also called the "Bavarian Cathedral". The next town is

Kirchanschöring with the "heavenly economy", the Saliterwirt and the "Goldweg", a tour of 20 buildings that were awarded by a competition jury.

A detour to Lake Waginger

From here you can take a detour to the **warmest lake in Upper Bavaria** . The Waginger See is a popular holiday magnet with its bathing beaches and numerous restaurants.

You are now leaving the Chiemsee-Chiemgau cycle travel region and reaching the **Salzach town of Laufen** with its **historic Salzach Bridge** . Passing **Abtsdorfer See** you continue on the trail of the "white gold" via **Bad Reichenhall** to a real magnet for visitors, the **Berchtesgaden salt mine** .

From there the tour leads past the famous **Mozart city of Salzburg** and on **to Hallein in the Salzburger Land** with the "Salzwelten" visitor mine.

