


Wasser Erlebnistour

CYCLING TOUR

You will encounter still water, refreshing bathing lakes, healing springs and – sometimes – a raging river on your contemplative tour through the northern Chiemgau.

**Starting point**  
**Tourist Information Tittmoning**


 **distance:**  
**32.5 kilometres**

 **maximum altitude:**  
**470 meters**

 **altitude difference:**  
**171 ascending**

**Location**  
**Tittmoning**

 **duration:**  
**02:00 hours**

 **minimum altitude:**  
**369 meters**

 **altitude difference:**  
**186 descending**

**Tittmoning - Salzachauen - Fridolfing - St. Coloman - Törring - Wiesmühl - Kay - Tittmoning**

The **Tittmoningen Castle** is enthroned diagonally opposite the **starting car park**. An important collection can be seen in the showrooms. Guided tours with the **castle ghost** are offered for children and if you look closely, you can **discover a treasure**. Next to the area is the idyllic **Ponlachtal** with the **Maria Ponlach pilgrimage church**. A healing effect is attributed to the water that gushes out of a **spring** in a small chapel just below the church. Citizens can be observed here again and again, bottling the clear water.

In the direction of **the Salzachauen**, you will pass two **educational trails** well equipped with information boards and along part of the long **salt trade route** along the Salzach.

Then you move away from the wide watercourse, cross marshy terrain with small, amphibian-rich ponds and continue in the direction of Fridolfing. Arrived in Niederau, you can plan a short, worthwhile foray to **Fridolfinger See**. In addition to a barefoot path and an informative nature trail, the natural bathing area of the lake with a sunbathing area, mud bath, floating iceberg and cable car invites you to jump into the cool water.

The **parish church of the Assumption of the Virgin Mary** in Fridolfing can be seen from afar and is the **largest village church in Germany**. At **Coloman** you should treat yourself to a break on the bench at the church of St. Coloman. Here you can let the beautiful view of Lake Tachinger See work on you for a while. There are two springs not far from the pilgrimage church. Their water has also been considered medicinal for centuries. Locals and pilgrims visit the place and ask for improvement of their eye and head ailments.

A spacious village square with a stream and an idyllic pond awaits you in **Törring**. At Herrneich you pass the Kidsfarm, a **learning and adventure farm** with lots of animals and an interactive concept.

