

Wasser-Erlebnistour (Handbike-Tour 2)

CYCLING TOUR

The landscape in the Rupertwinkel was formed by the Ice Age glacial streams: the good paths go up and down, but never extreme. The reward is magnificent views!

*Starting point*

**Fridolfing, Festwiese parking lot  
(Maibaum)**


 *distance:*  
**29.4** kilometres

 *maximum altitude:*  
**469** meters

 *altitude difference:*  
**161** ascending

*Location*

**Fridolfing**

 *duration:*  
**03:30** hours

 *minimum altitude:*  
**369** meters

 *altitude difference:*  
**161** descending

**Fridolfing - Harmoning - Wilgering - Törring - Wiesmühl - Kay - Tittmoning - Nilling - Fridolfing**

**Note :** Due to the length of the tour, a good level of fitness, e-support or bike support is recommended.

**Direction of travel :** clockwise

**Ground :** 80% asphalt, 20% solid sand or fine gravel

**Incline :** 3%-8%, 2 short climbs 7%-8%, descent: 3%-7%

**Inclines :** few, slight inclines on a good, solid forest path (approx. 1.5 km)

**Start and finish: Fridolfing car park** , next to the parish church of the Assumption of the Virgin Mary. It is the largest village church in Germany.

Start heading west on Simon-Spannbrucker-Straße. **Cross Rupertistraße (!)** . Pass the "Salzach Clinic" (not in the direction of the golf course!), follow the Törringstraße and the bike signs (**2%-4% incline**) . At **Klebham** , the Mother of God Grotto can be visited along the way. Then the round leads under the railway underpass in the direction of **Gierling (approx. 150 m incline, 8%)** . Before Harmoning, follow the bike signs to the left and at Langwied follow the district road (TS28) to the right. After 450 m cross the **street to the left (!)** , in the direction of **Wilgering** .

At the junction on the right, follow the bike signs in the direction of **Tittmoning/Törring\*** . Then it goes through the tranquil town of **Törring** before the TS28 has to be passed again. Before **Inzing** near the hamlet of **Herneich**, the tour branches off to the right. Follow the narrow street to the right, **cross the railroad tracks (!)** , keep left immediately and roll through **Himmelreich** on Bahnhofstrasse. At the end of Bahnhofstraße, turn right onto the cycle path next to the state road (St 2105). After a short stretch on the bike path , **cross the district road (TS16) carefully (!)** . **Pass Ledern** on the bike path along the St2105 and shortly thereafter **cross the St. 2105 to the left (!)** . Follow Pallinger Straße in the direction of

**Trostberg/Tyrlaching** as far as the turnoff to the right in the direction of **Tittmoning/Kay** . After a flat start on asphalt, the path climbs gently for about 500 m, in between the gradient is about 7%-8% for about 25 m. (detour option see\*)

Once you have arrived in the tranquil town of **Kay**, you will be rewarded with a magnificent view of the Chiemgau Alps. After crossing the village, the **district road St2105 is crossed again (!)** . Follow Gartenstrasse to the junction with Kirchheimer Strasse and continue to the right, gently rolling downhill. After almost two kilometers turn left in the direction of Tittmoning onto a tranquil, **good forest path** with a few, **slight inclines** . Below the Tittmoninger Castle, roll down the Zwieselweg to the town of **Tittmoning** . Follow **Traunsteiner Straße** for about 100 m and then **cross carefully to the left (!)** to get to **Adolf-Kolping-Platz** . Follow Schulstraße and after a few meters turn right into Schulstraße. Then turn left and follow Entenstraße to Stiftsgasse. Turn right there and roll down onto the beautiful **historic town square** . Here you can take a **break** in one of the cafes or restaurants.

After **crossing the town square (!)**, turn right along the town hall into Rathausgasse. Behind the town hall, turn left and in a slight right turn on fine gravel down to the Wasservorstadt car park. Keep right, follow the road at the end of the parking lot and bear left further south-east. After the sports field, turn right on a rural asphalt road and follow the bike signs in the direction of **Fridolfing** . Past tranquil **hamlets** to **Nilling** . Turn left here and after approx. 400 m turn right and follow the handbike tour logo in the direction of **Fridolfing** to the B 20. On the narrow road left of the B 20, roll to the underpass. Here you turn right into **Fridolfing** . Follow the bike signs along Laufener Strasse to Hadrianstrasse, the destination is the church tower, and return to the car park.

## Arrival by car

A8 Munich - Salzburg - Traunstein - Waging - Tettenhausen - Kirchanschöring - Fridolfing

Start/finish: Fridolfing, parking lot at the parish church, Simon-Spannbrucker-Straße

